

Dapper Meets

The scoop on looking effortlessly stylish this summer

If you're like me and love formality in how you dress, then you'll likely sympathise with this statement: Looking good in the summer sun can be somewhat 'heated', without looking like you've been through a torrential downfall of sweat. In the winter it's relatively straightforward—adding layers can provide effortless stylish tweaks to what would be a rather plain outfit—but how do you do this with *reducing* layers?

Short sleeves versus rolled-up sleeves is the first debate. I'm a fan of short-sleeved

shirts but there is something effortlessly classy about the rolled-up-sleeve look—perhaps it's more to do with how it demonstrates someone's hardworking nature, I don't know. It's all about rolling your sleeve up to around your elbow.

Having a perfectly taut roll won't do it justice, either. Lots of bloggers suggest a two-roll technique, in which the first roll is loose and the second taut.

Next is the buttoning of the shirt. It will always look casually cool if you can

pop a button or two from the collar. This not only gives us poor souls some aeration on the wondrous non-AC London Underground but also shows off an effortlessly stylish gentleman's look.

Then it's about having some fresh sunglasses for that summer sun. This could be a separate article in itself, but the round frame seems to be in particular fashion these days. That being said, they have to suit your face shape, and if they don't, well. ... Let's leave that there, shall we?



Round sunglasses by Moscot

Short-sleeved
Ted Baker shirt
with an open collar

Casual

There's nothing wrong with showing off some ankle. I do this with all of my tailoring, but if the summer sun is hitting you, then the no-sock game with some beautiful loafers will always be a winner.

Moving on from bottom to the top ... Let's be honest, we're not all hat people in this game. However, topping the look off with anything from a woven trilby to

a more formal wool felt fedora hat will always create a great silhouette and set off the outfit.

Finally, a deconstructed blazer. *Deconstructed* is a posh word for meaning 'no lining'. These blazers are generally lightweight and often make a perfect companion with a smart T-shirt for summer days in the city. This combined with a cheeky bit of floral and a colourful pocket square is sure not to go amiss.

In essence, we here at the *DentaltownUK* Fashion Office know that dressing up for all of the three days of summer sun we get in the UK can be somewhat overzealous. However, having some timeless pieces that will serve here, and abroad will always provide that effortlessly stylish look. ■

by Shiraz Khan



No socks and Hackett loafers



Get more style tips online!

Follow the Facebook group *Aesthetic Dental Lifestyle* for daily sharing and updates about men's and women's fashion and styling.



Felt fedora
by Reiss



A deconstructed Ted Baker blazer with a Folk t-shirt and an Hermès pocket square