

# Seasonal Wardrobe Essentials

**Dr. Shiraz Khan** discusses the key staples that will get you through the cold start to 2018

Fashion trends change almost more frequently than the colour of my socks; however, style is a timeless essence of keeping a strong look, irrespective of the 'current trends'. The staples of my autumn/winter wardrobe can be considered ubiquitous for any year, but having some staples that are 'on trend' will always sharpen up a smart, sophisticated look.



The high-quality white T-shirt



A lightweight bomber jacket is the perfect layer for a smart-casual look.



Smart lace-up shoes are an all-time favourite for an evening look.



A lightweight mac is ideal for the smarter evening look.



A timeless oxford shirt will look a little smarter and polish up your look nicely.



A neutral or soft-coloured crewneck jumper. Layering will always allow for function along with class. Opt for some colour to soften the greys of the winter.



Perfect-fitting denim jeans. It's essential that they be neither 'drainpipes' nor hanging off the waist. Clean monotone trainers (white or pink in my case) keep things casual.



A classic timepiece is always a 'timeless' accessory.



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